

The Closet Confidence **RESET**

DECLUTTER, ORGANIZE, AND REBUILD A CLOSET
THAT FITS YOUR LIFE NOW — WITHOUT THE
OVERWHELM.



DETOX PREP

Time:

Up to 5 hours (depending on the size of your wardrobe)

Need:

8 boxes, bins, or bags

- Donations
- Maybe
- Mending
- Tailoring
- Sell
- Keepsake
- Off-Season
- Trash

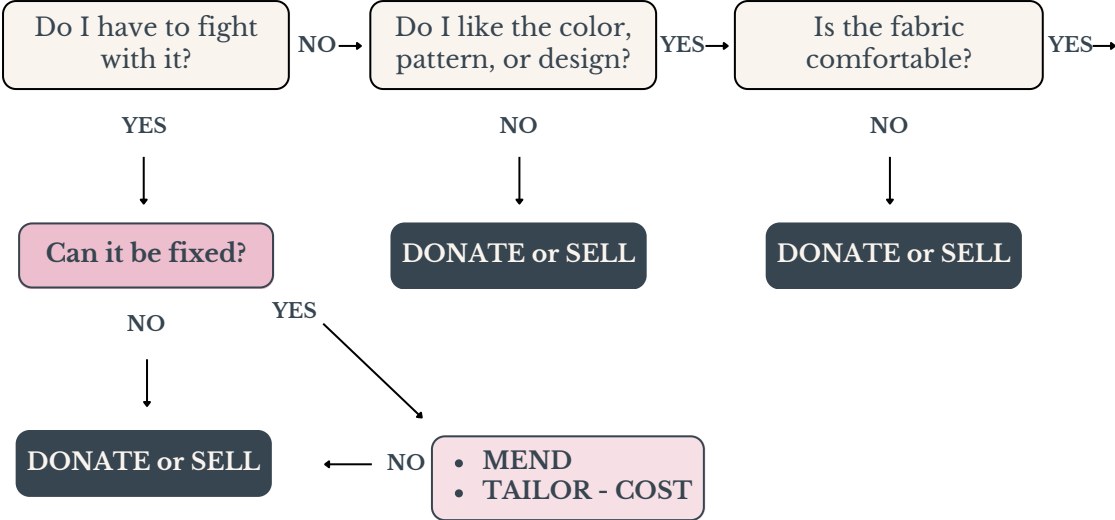
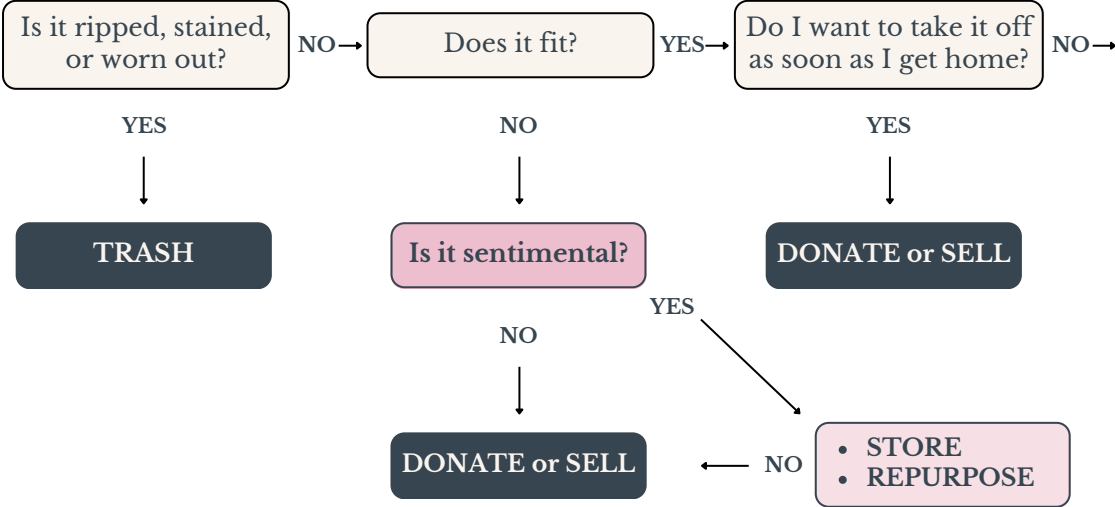
Full-length mirror

Music & Drink

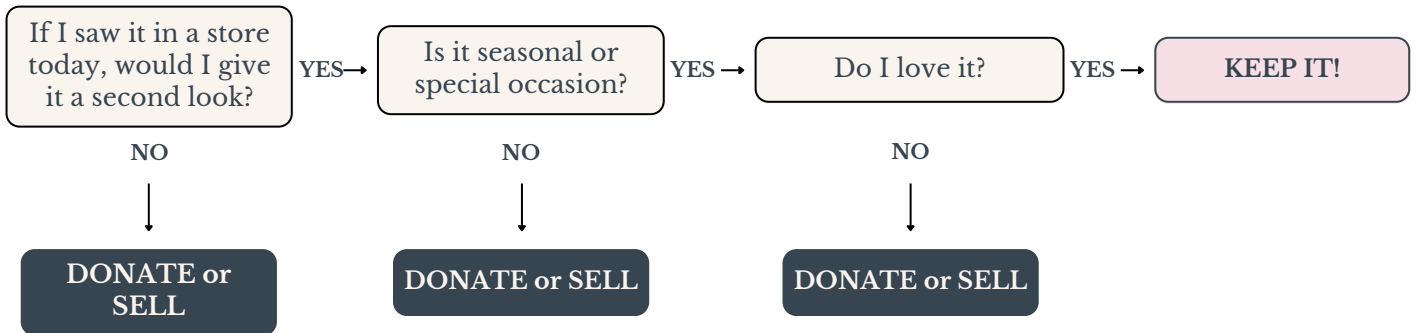
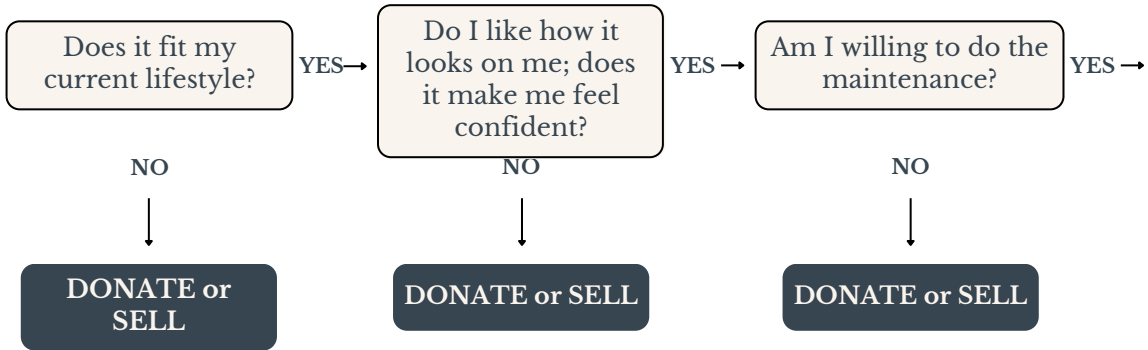
FIT CHECK

- **Mirror Check:** Pay special attention to the shoulders of tops, jackets, and dresses. And the waistband and crotch of pants and skirts.
- **Movement Check:**
 - Hug someone or pretend to
 - Sit down
 - Walk
 - Bend over like you're tying your shoes

Detox Questions

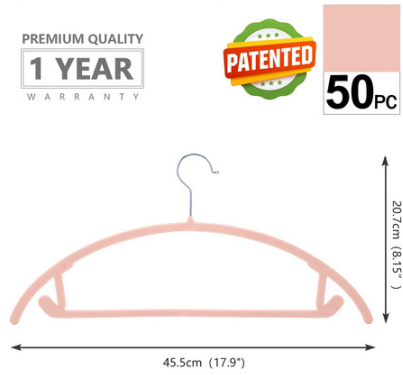


Detox Questions

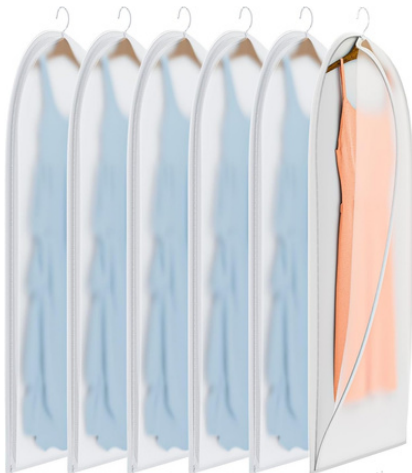


BONUS QUESTION: Do I have 3 other pieces I can wear with it?

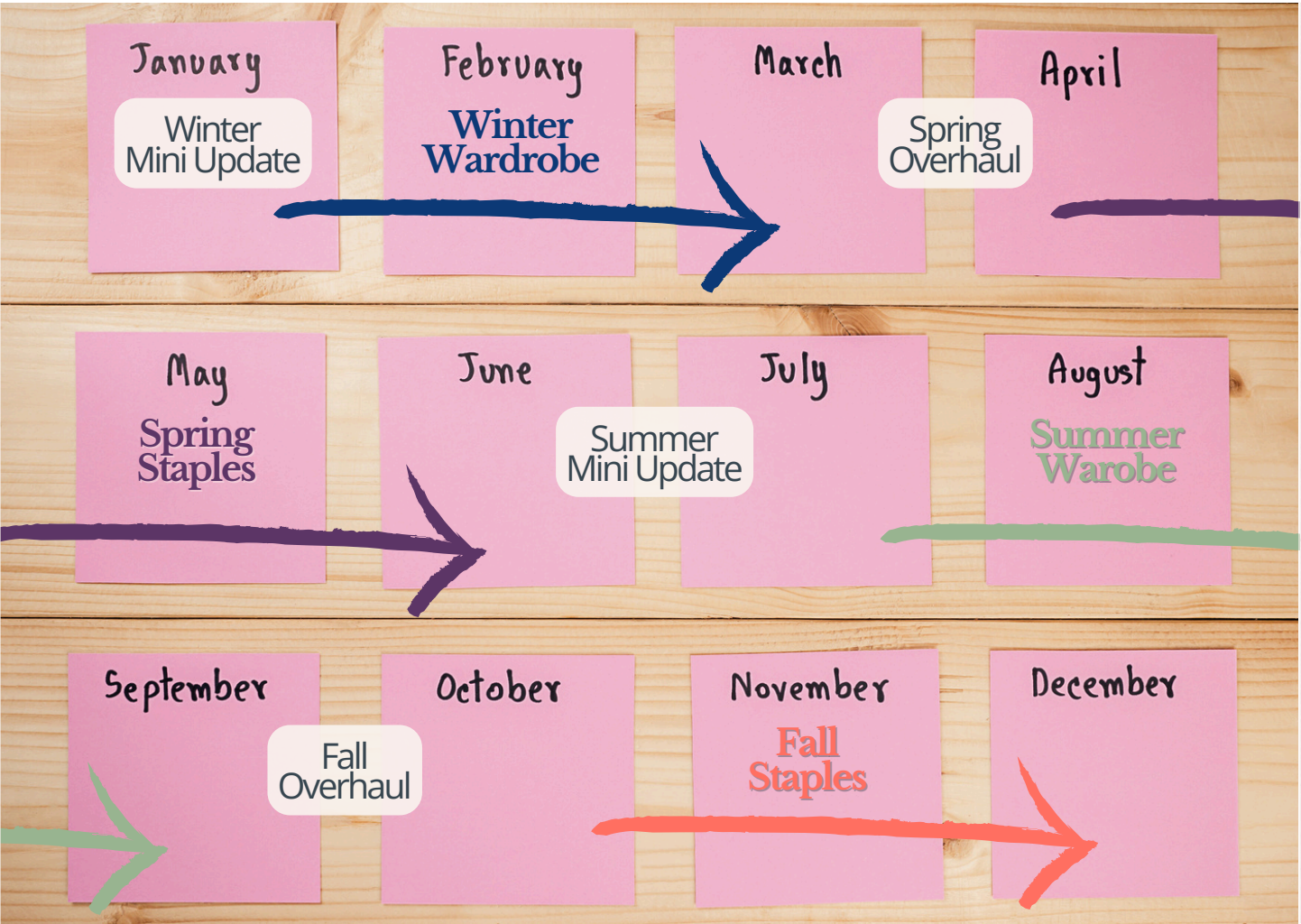
PRODUCT LINKS



PRODUCT LINKS



Update Schedule



SEASONAL REFRESH

- Twice per year
 - Before Fall and Spring
- Remove off-season clothing
- Mini detox
 - Fit
 - Lifestyle
 - Repairs & replacements
 - Gaps
 - Vacation
- Reorganize

MINI REFRESH

- Twice per year
 - Before Winter and Summer
- Take stock of seasonal-appropriate clothing
 - Boots
 - Sandals
- Mini Detox
 - Fit
 - Lifestyle
 - Repairs & replacements
 - Gaps
 - Vacation
- Reorganize



NOW WHAT?

- Take a before picture
- Do the thing!
- Use the PDF
- Deal with the boxes
- Let's chat
- Join the community

CONTACT DETAILS

Instagram

[tracel.callahan](https://www.instagram.com/tracel.callahan)

(yep, I am the ONLY one who is ever responding in my DMs).

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